

This jar contains:

*Sea-weed, dockleaves, herbs, flowers.*

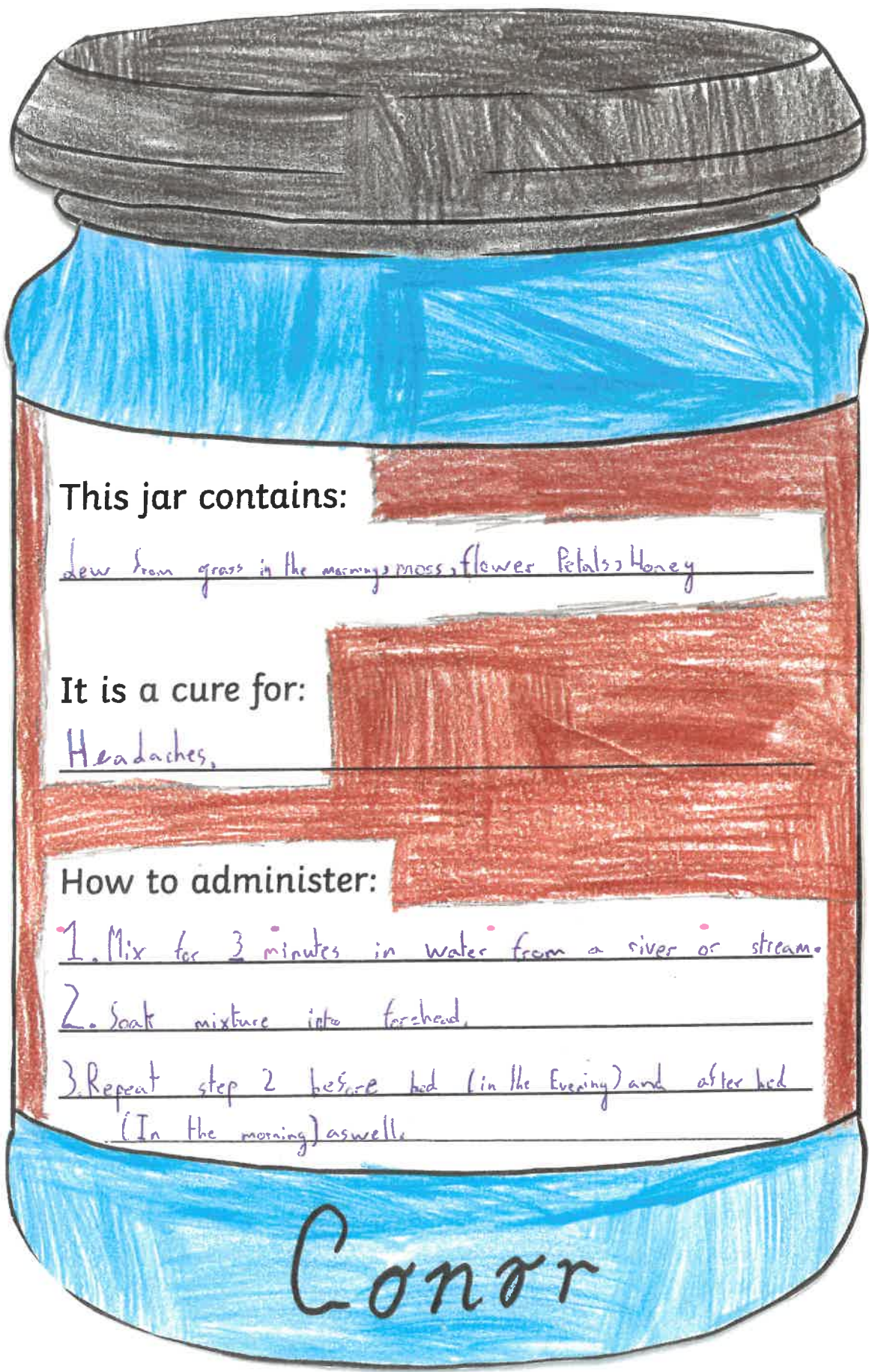
It is a cure for:

*Spots on your skin.*

How to administer:

*1. You put dockleaves on the spots when you put flowers on the spots when you take the dockleaves and flowers off. Then you put herbs and seaweed on the spots and leave them on it till the spots are gone.*

*Emily*



**This jar contains:**

dew from grass in the morning, moss, flower petals, Honey

**It is a cure for:**

Headaches,

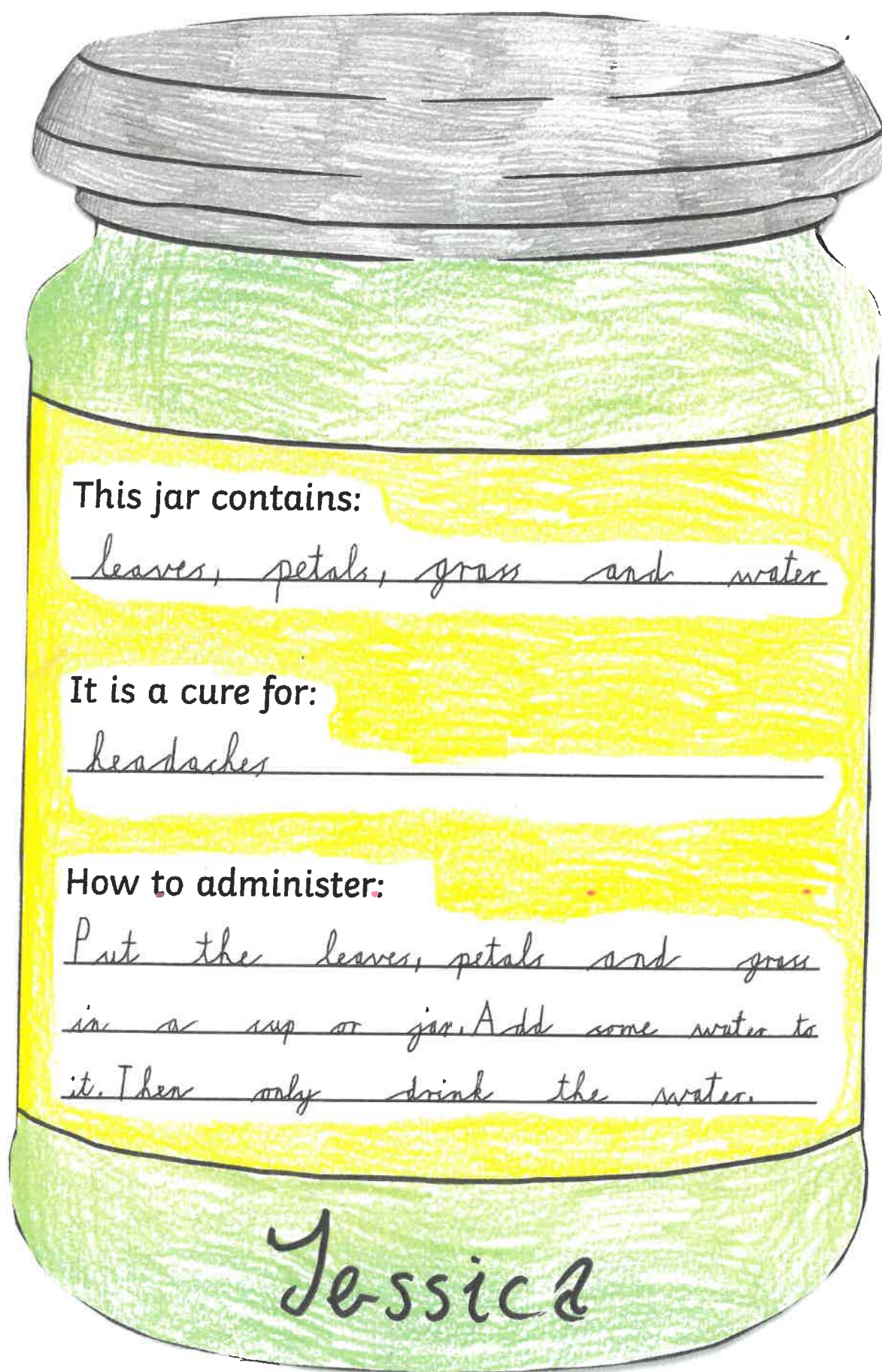
**How to administer:**

1. Mix for 3 minutes in water from a river or stream.

2. Soak mixture into forehead.

3. Repeat step 2 before bed (in the Evening) and after bed (In the morning) as well.

Conor



**This jar contains:**

leaves, petals, grass and water

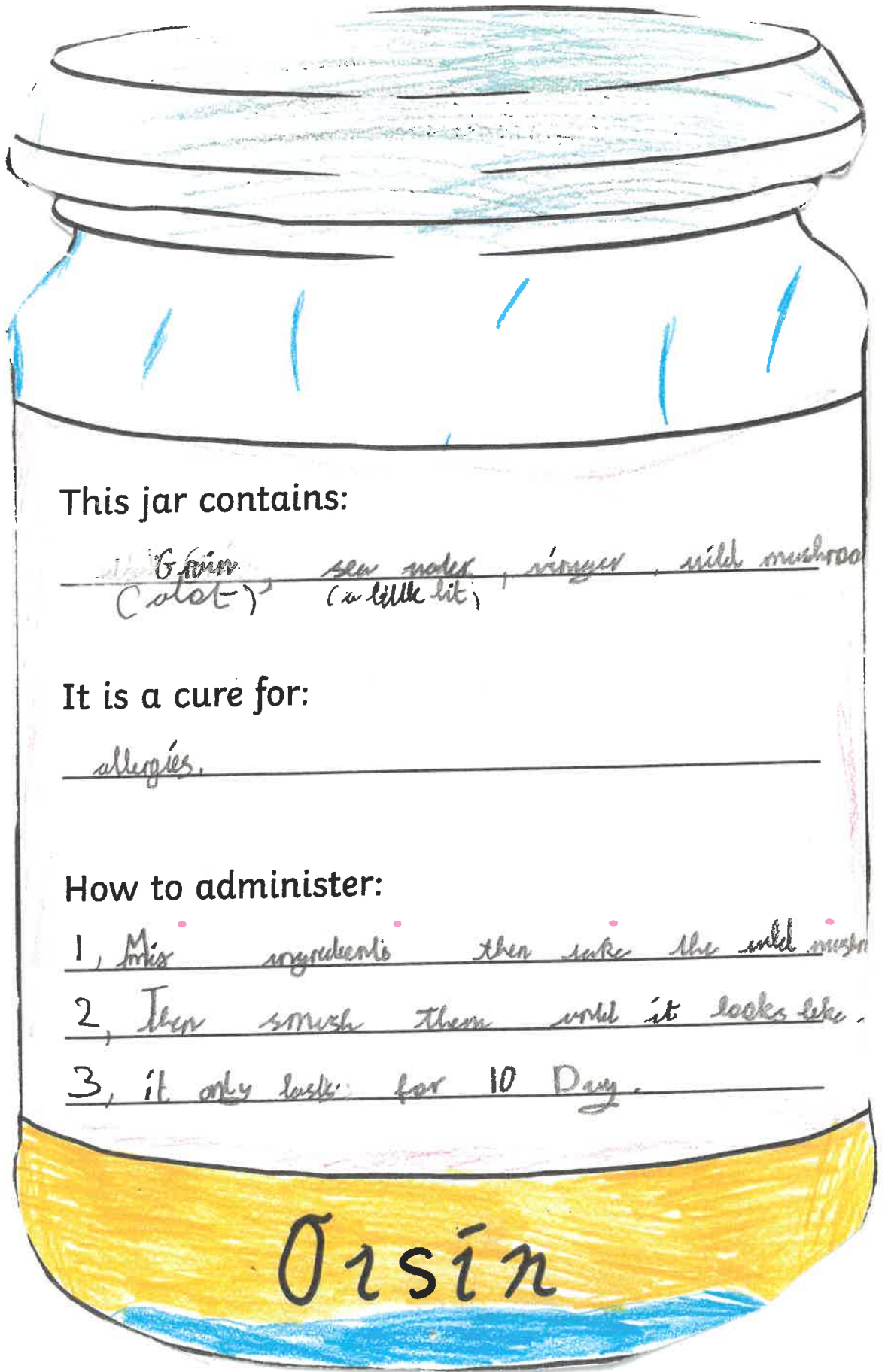
**It is a cure for:**

headaches

**How to administer:**

Put the leaves, petals and grass  
in a cup or jar. Add some water to  
it. Then only drink the water.

Jessica



This jar contains:

Garlic (Colt), sea water (a little bit), onion, wild mushroom

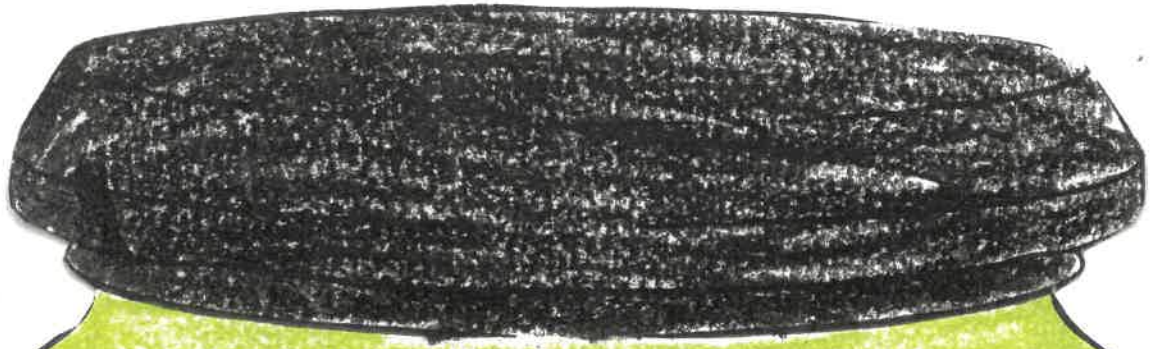
It is a cure for:

allergies.

How to administer:

- 1, Mix ingredients then take the wild mushroom
- 2, Then smash them until it looks like
- 3, it only lasts for 10 Day.

Oisin



This jar contains:

Cow hair, dock leaves, flower  
and water

It is a cure for:

Rashes

How to administer:

Shake 4 times

in a freezer

For 2 weeks  
1/2 of a

Rash 3

Alex



This jar contains:

Wet leaves, flower petals and sea water.

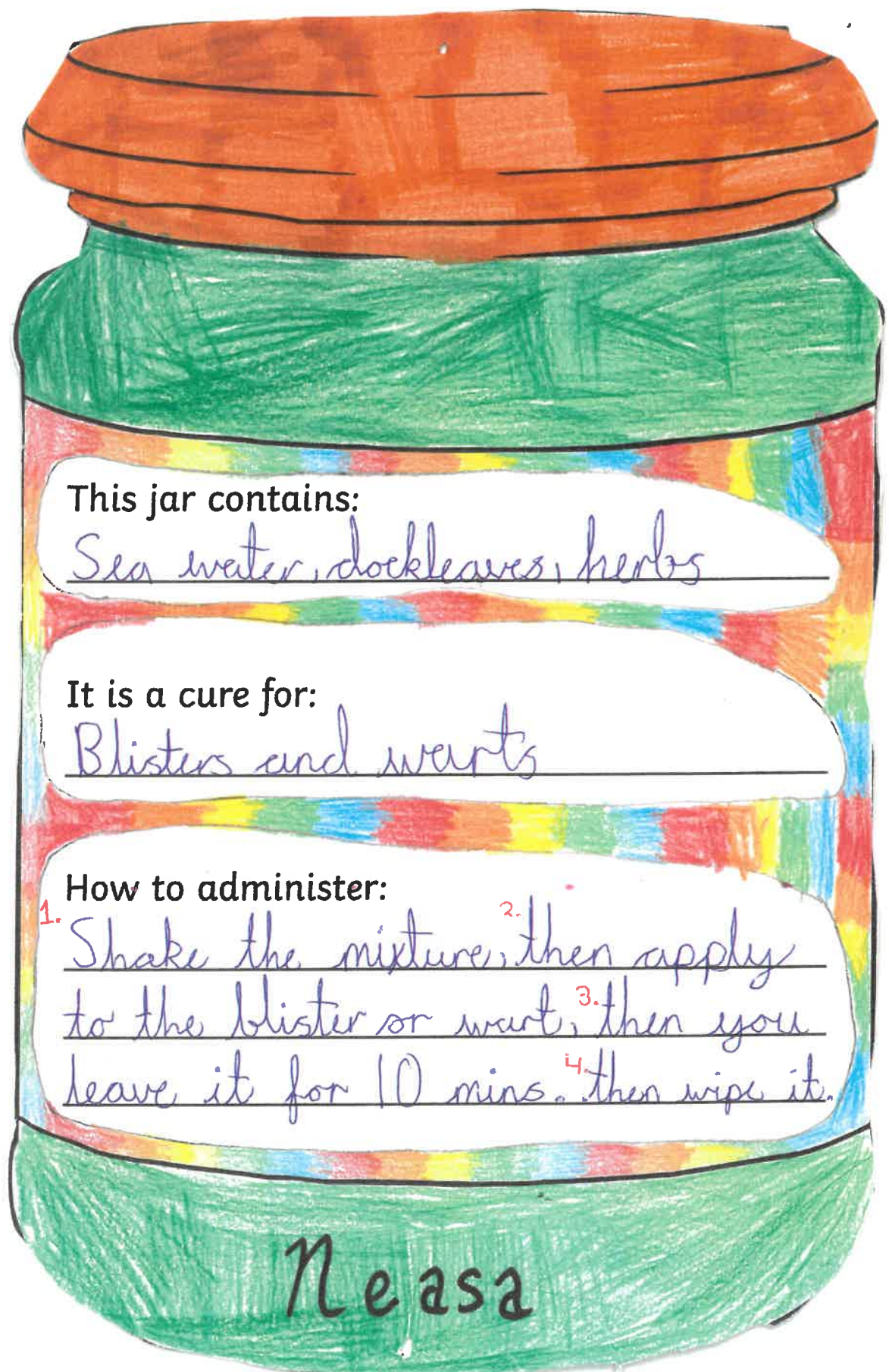
It is a cure for:

Sickness.

How to administer:

1. Break the wet leaves into pieces.
2. Put the flower petals in a jar with the leaves and sea water.
- 3 Mix it.

Ruby



This jar contains:

Sea water, dockleaves, herbs

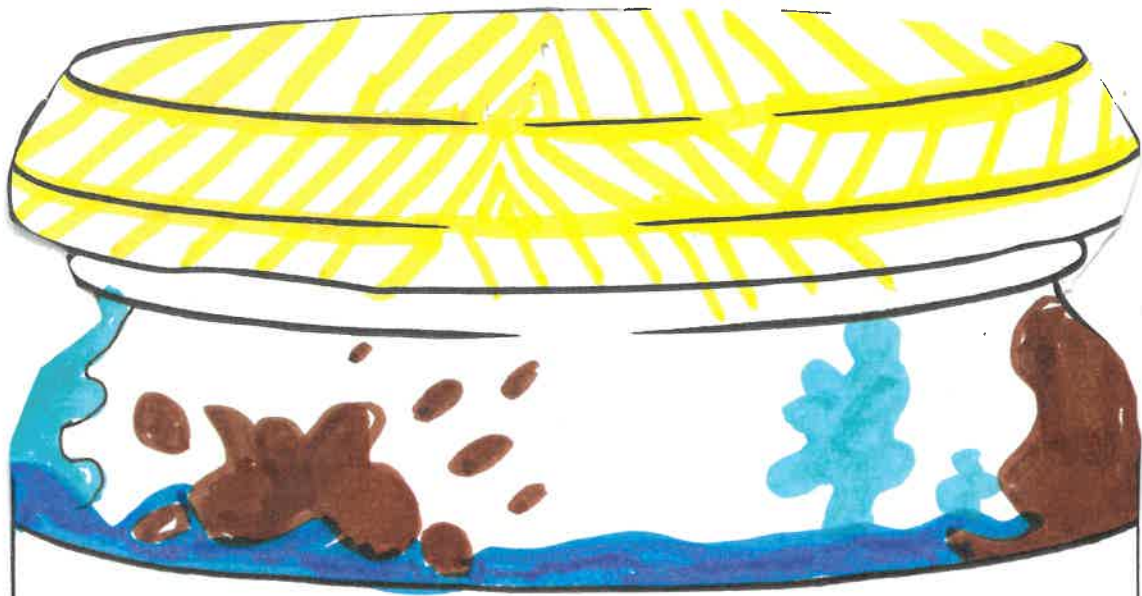
It is a cure for:

Blisters and warts

How to administer:

1. Shake the mixture, 2. then apply  
to the blister or wart, 3. then you  
leave it for 10 mins. 4. then wipe it.

Neasa



This jar contains:

Muc, Seaweed, and Sea-water

It is a cure for:

Rashes & allergies

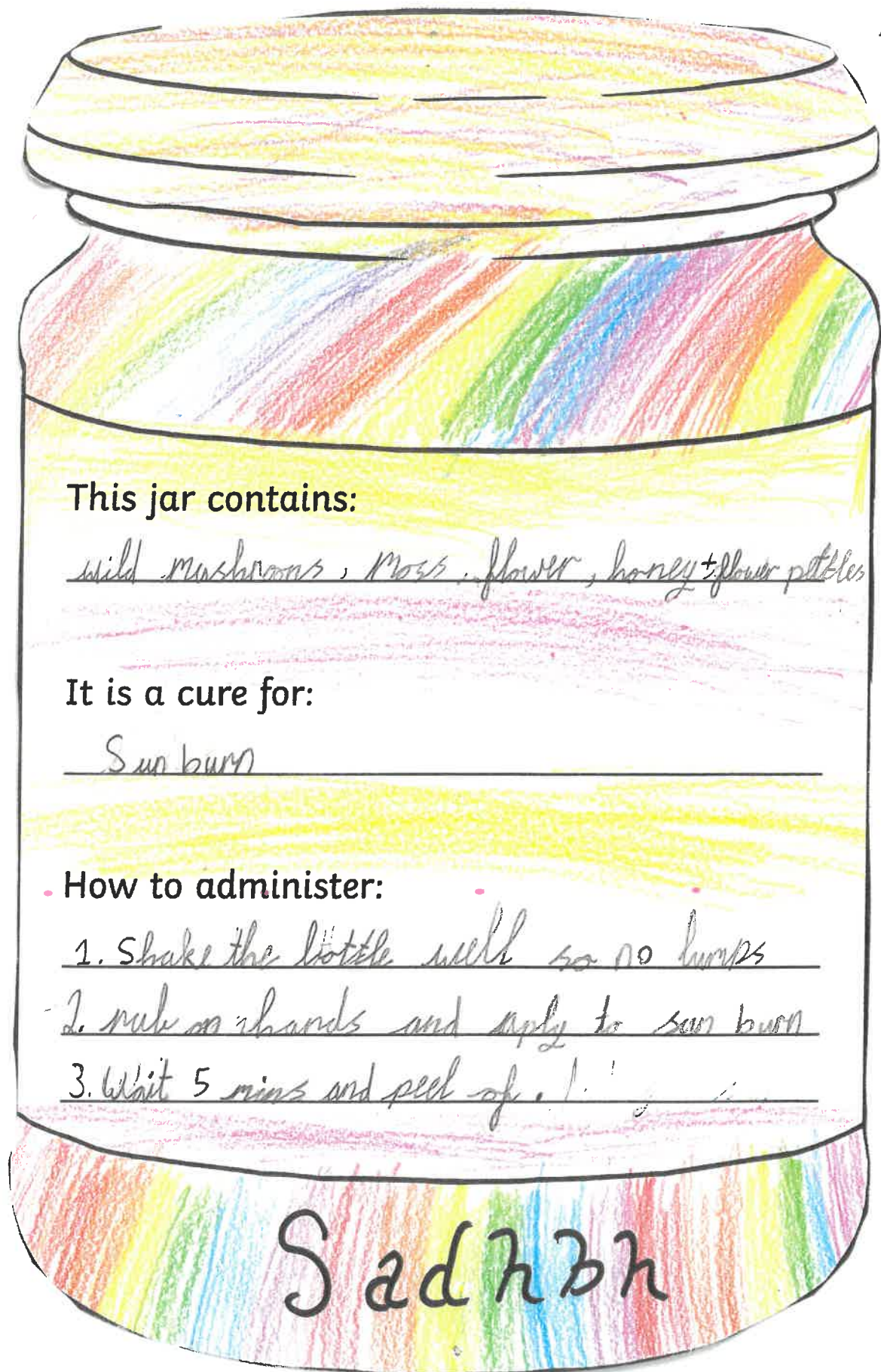
How to administer:

Step 1, chop up the seaweed

Step 2, put the chopped up seaweed in the <sup>muc</sup> water

Step 3, slowly rub all of that on skin.

Ai la



**This jar contains:**

wild mushrooms, Moss, flower, honey + flower petals

**It is a cure for:**

Sun burn

**How to administer:**

1. Shake the bottle well so no lumps
2. rub on hands and apply to sun burn
3. Wait 5 mins and peel off.

Sadhah



**This jar contains:**

Sea-weed, vinegar, honey, flowers and sea-water.

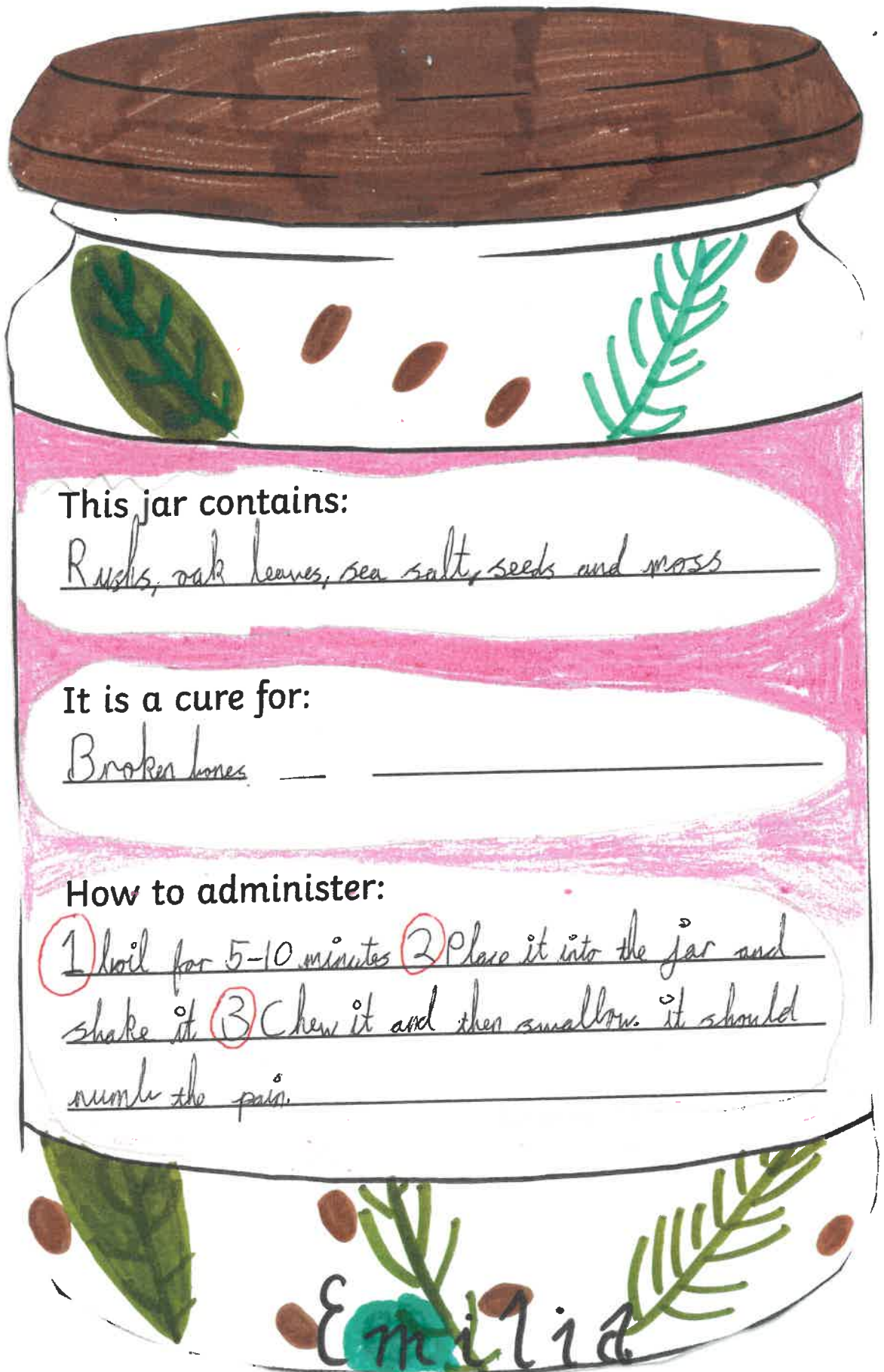
**It is a cure for:**

a cold.

**How to administer:**

1. Get a jar.
2. Wash up the sea-weed.
3. Pour the honey into the jar.
4. Pour a lot of vinegar in it.
5. Put the flowers into it.
6. Put the water in it and Mix it.

**Hannah Blake**



**This jar contains:**

Rushes, oak leaves, sea salt, seeds and moss

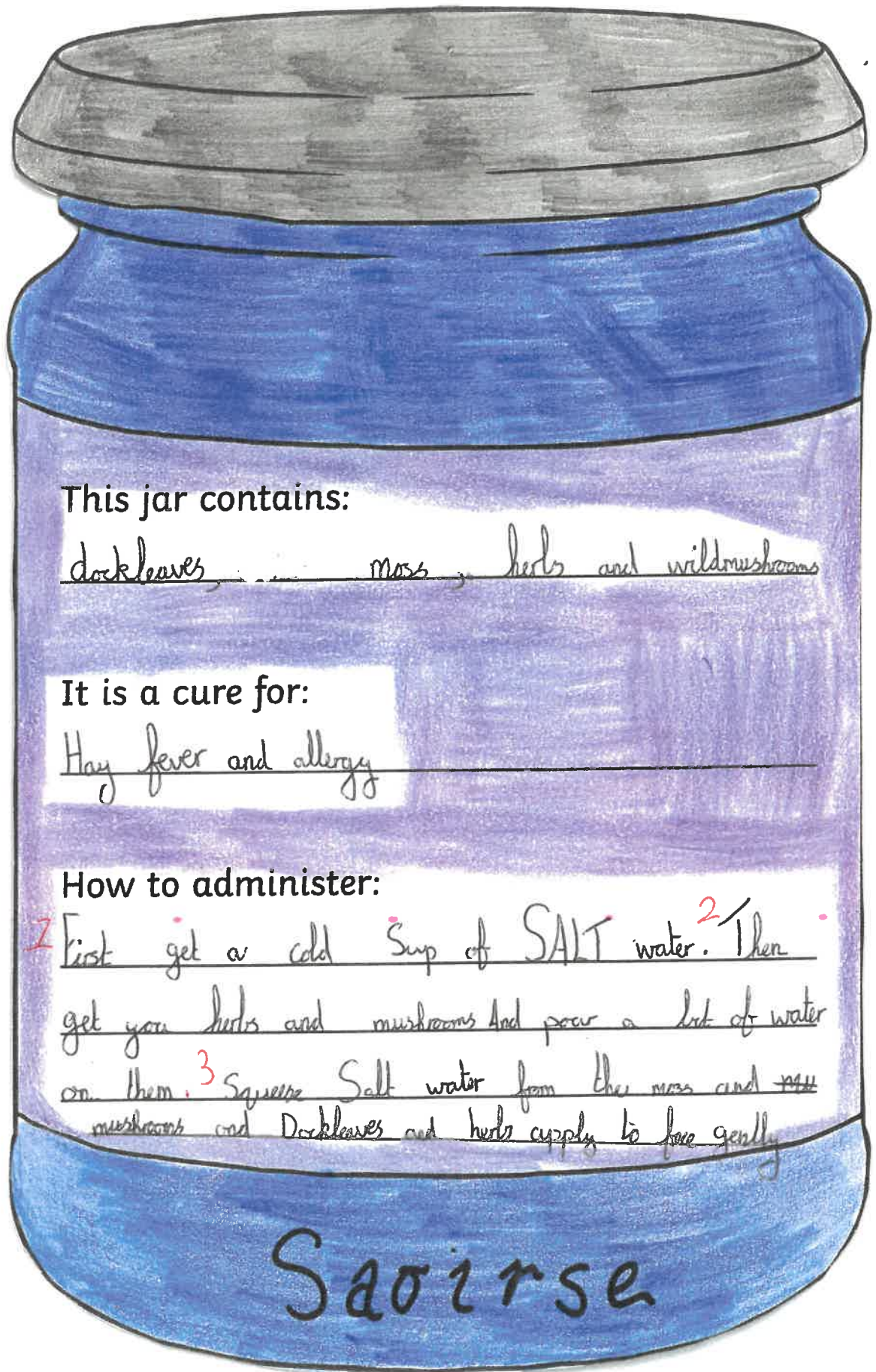
**It is a cure for:**

Broken bones

**How to administer:**

- 1) boil for 5-10 minutes
- 2) Place it into the jar and shake it
- 3) Chew it and then swallow. it should numb the pain.

Emilia



This jar contains:

dockleaves, moss, herbs and wild mushrooms

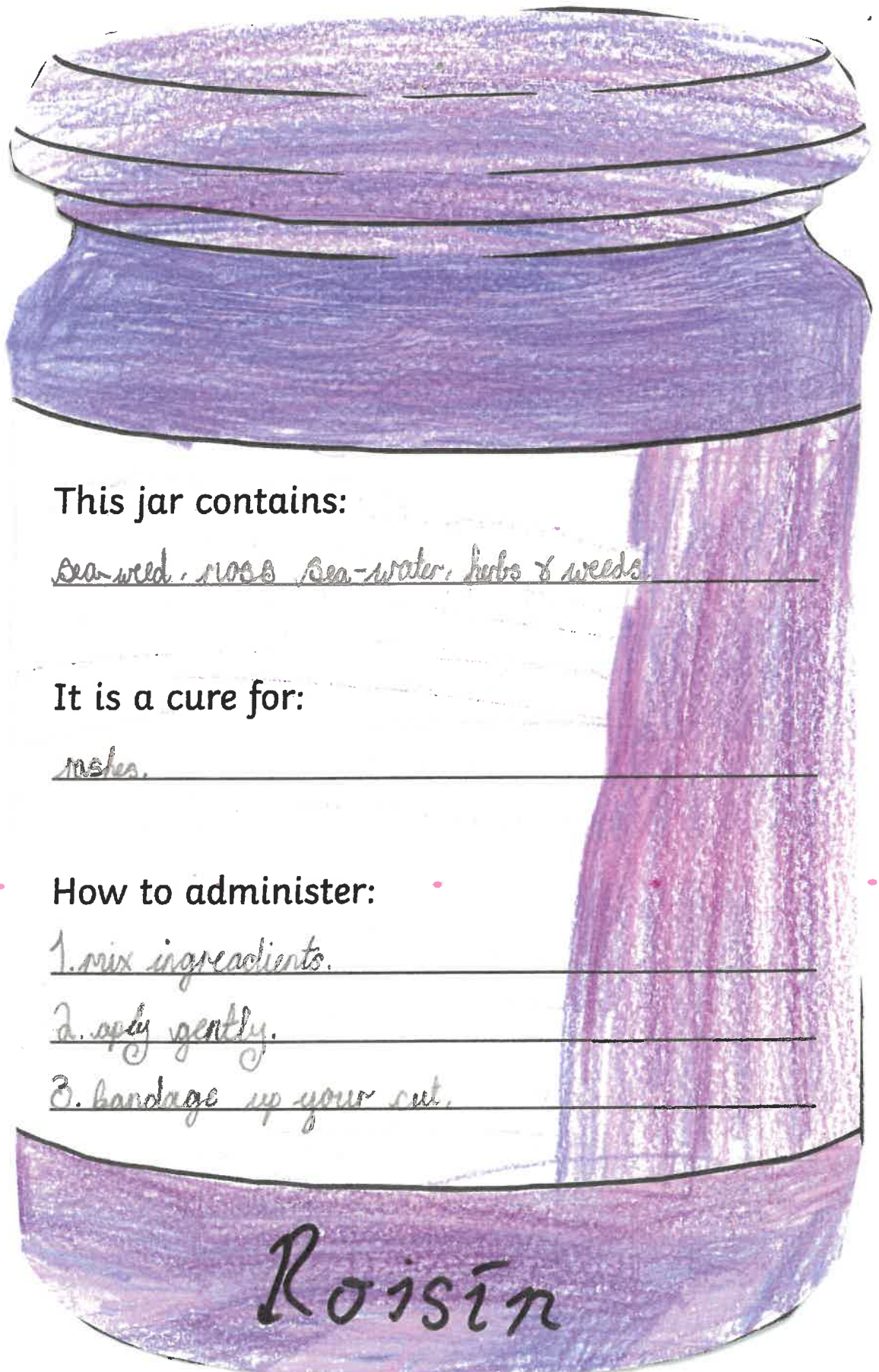
It is a cure for:

Hay fever and allergy

How to administer:

1 First get a cold cup of SALT water. Then  
get your herbs and mushrooms and pour a lot of water  
on them. 3 Squeeze salt water from the moss and  
mushrooms and dockleaves and herbs supply to face gently

Saoirse



This jar contains:

Sea-weed, moss Sea-water, herbs & weeds.

It is a cure for:

sores.

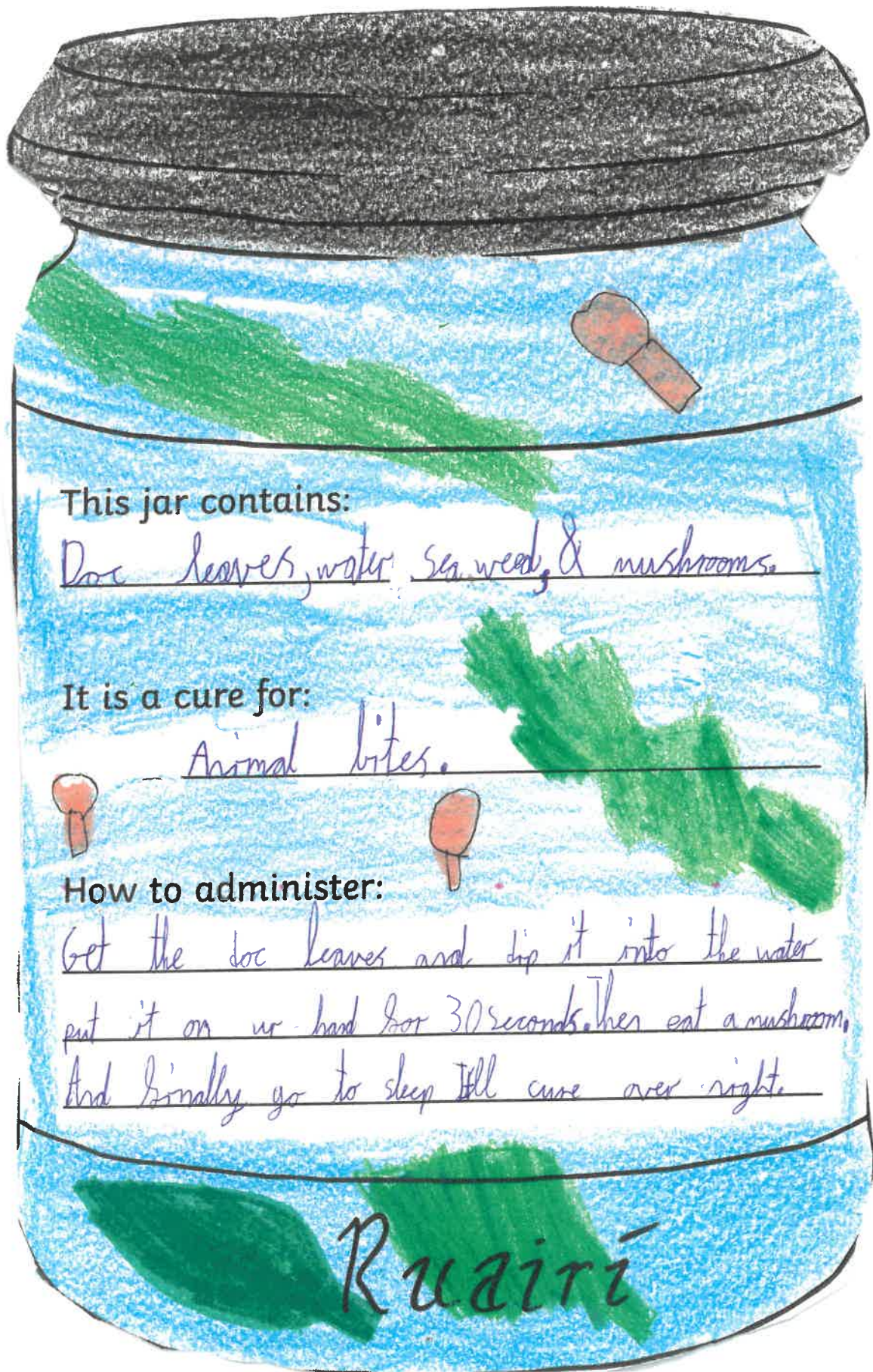
How to administer:

1. mix ingredients.

2. apply gently.

3. bandage up your cut.

Rosin



This jar contains:

Doc leaves, water, sea weed, & mushrooms.

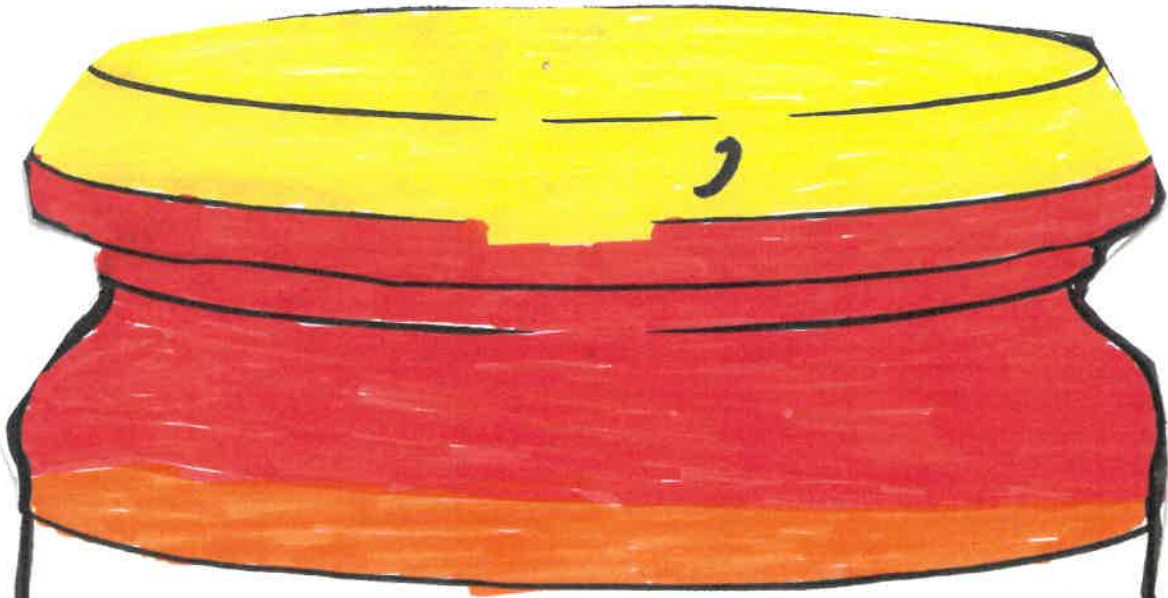
It is a cure for:

Animal bites.

How to administer:

Get the doc leaves and dip it into the water  
put it on ur hand for 30 seconds. Then eat a mushroom.  
And finally go to sleep till cure over right.

Ruaiti



This jar contains:

glenn and dockhouse Modd, Wals, Kerpib5

It is a cure for:

Bites



How to administer:



1. Push up ingredients

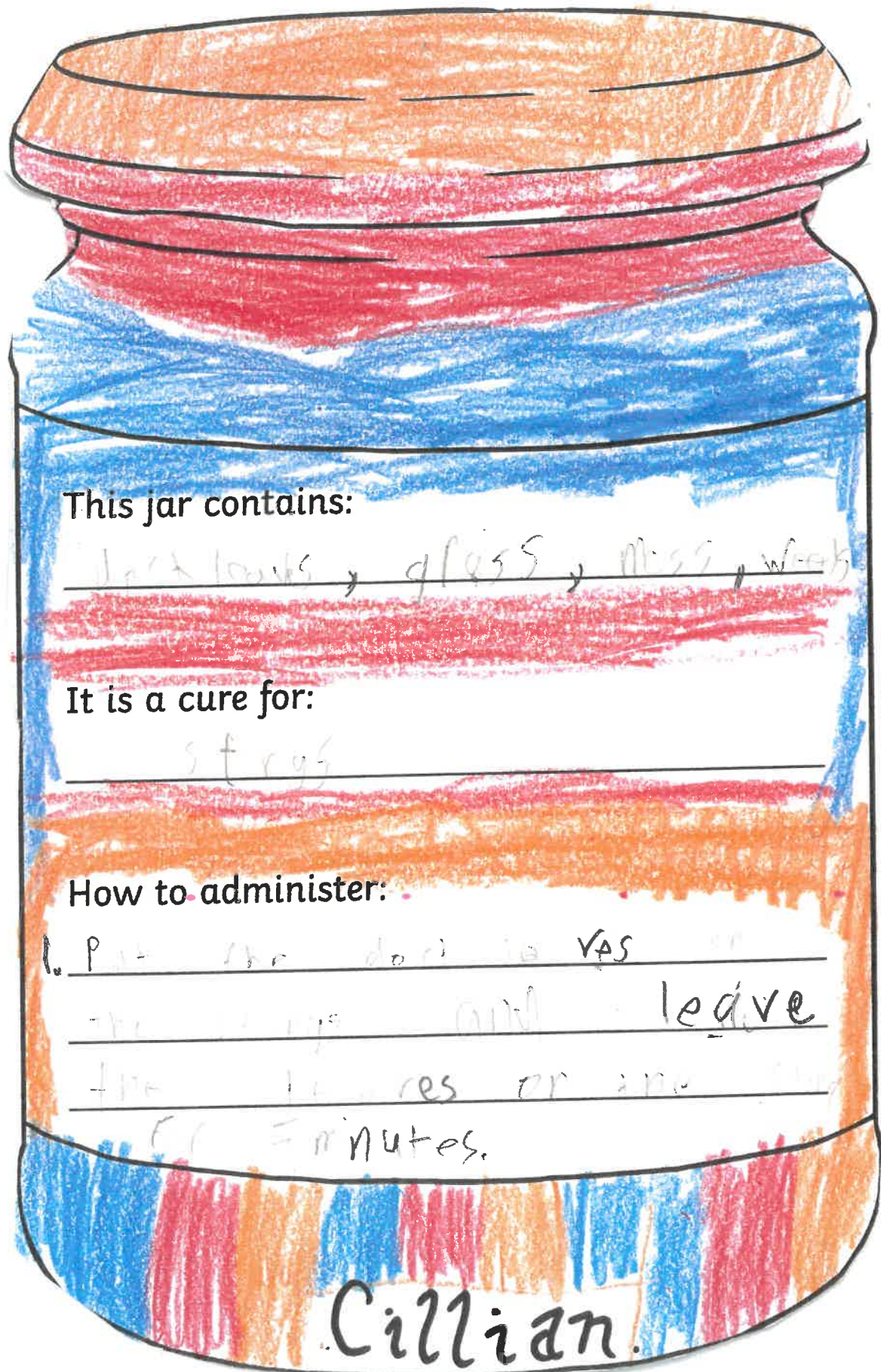
2. Mix with Wathid

3. Put on bite



7 i n t a n





This jar contains:

dark leaves, glass, miss, weak

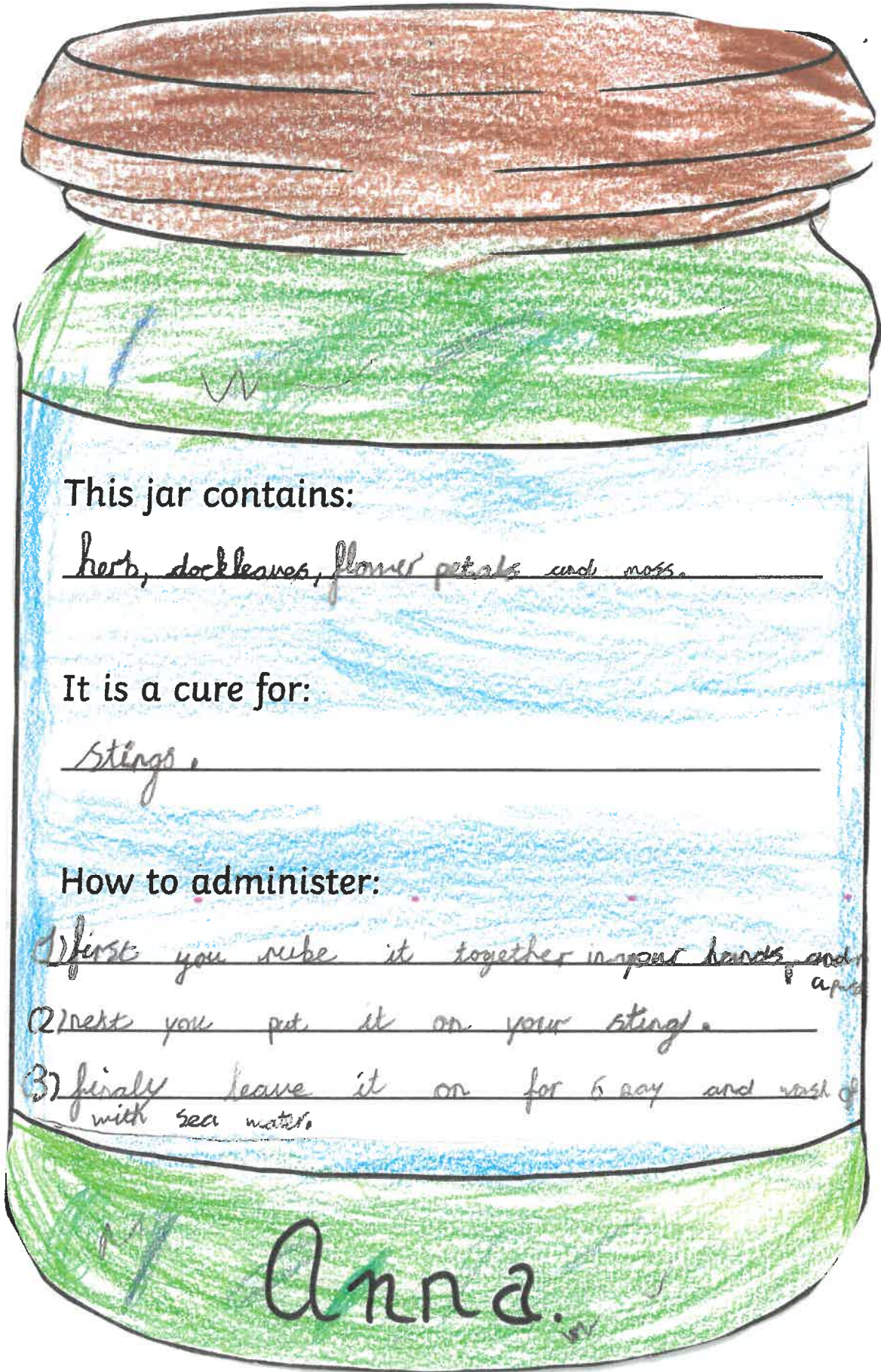
It is a cure for:

stags

How to administer:

1. Put the dark leaves in the jar  
and leave  
the jar for 24 hours or more  
for 3 minutes.

Cillian.



This jar contains:

herb, dockleaves, flower petals and moss.

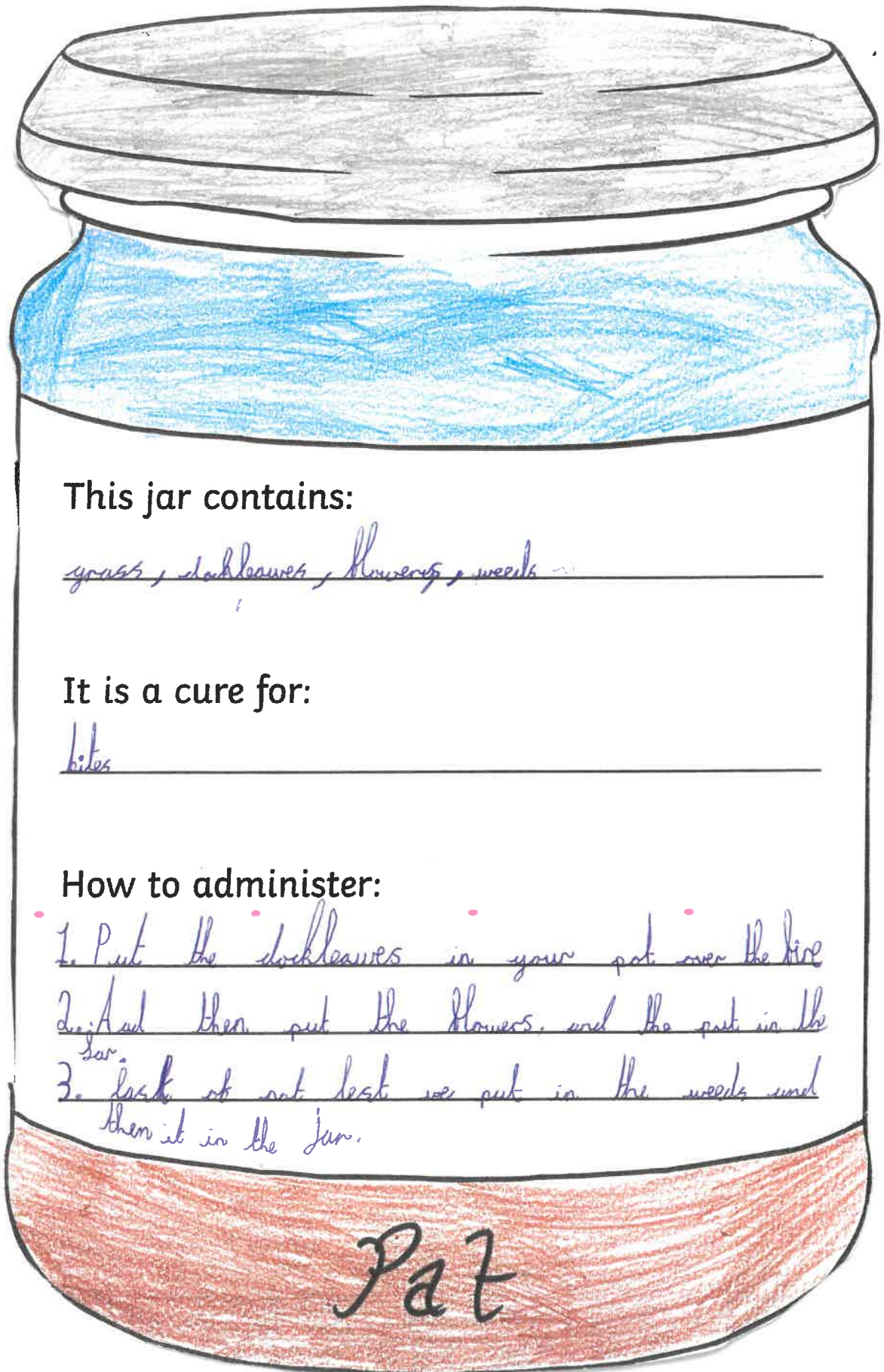
It is a cure for:

stings.

How to administer:

- 1) first you rub it together in your hands and
- 2) next you put it on your sting.
- 3) finally leave it on for 6 day and wash off with sea water.

Anna.



This jar contains:

grass, dockleaves, flowers, weeds

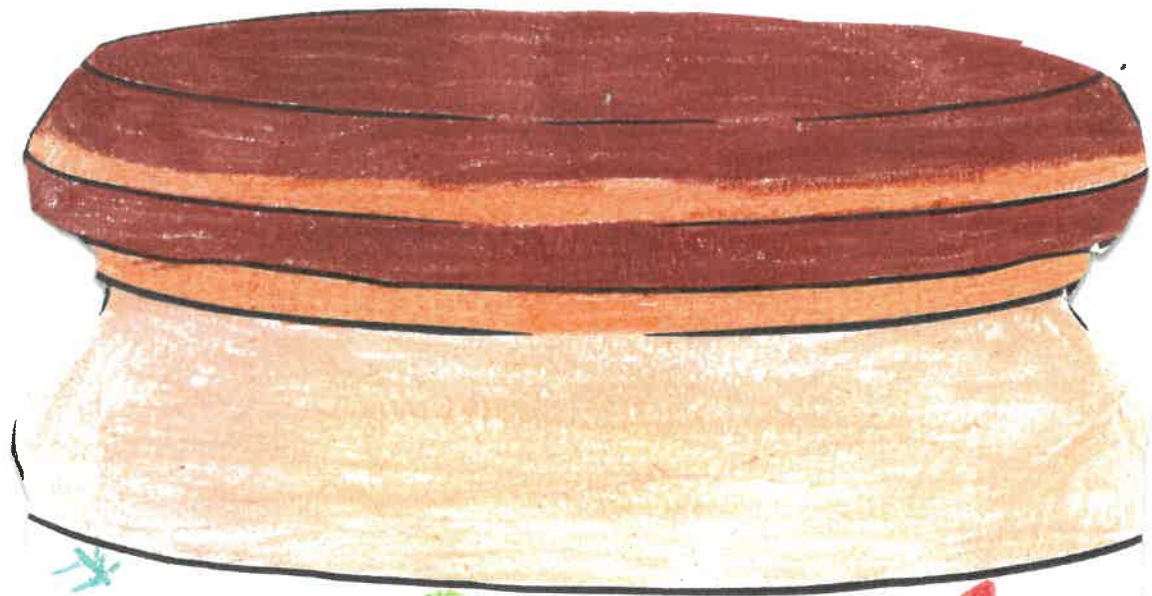
It is a cure for:

bites

How to administer:

1. Put the dockleaves in your pot over the fire
2. And then put the flowers, and the put in the jar.
3. Last of not last we put in the weeds and then it in the jar.

Pat



This jar contains:

water from a lake, pinch of moss, wild red berries, pinch of rushes,  
a little bit of sea-weed,

It is a cure for:

This is for infections for your neck.

How to administer:

You drink it <sup>①</sup> and you gargle it in your  
mouth for 30 seconds, <sup>②</sup> once you have drunk  
it you get a normal glass of water to wash  
it down. <sup>③</sup>

Maisie