

The National Folklore Collection at University College Dublin is delighted to archive the results of the exceptional Schools Heritage Food Project. This project, organised by the Milltown Heritage Group, and the Galway Community Heritage Office, coincides with Galway's designation as European Region of Gastronomy for 2018.

Of all aspects of our daily lives, food and food culture are vital components. And as the impressive work of the pupils of Belmont and Milltown National Schools demonstrates, Galway (and indeed Ireland as a whole) has a rich and diverse food heritage. The value of documenting traditional food recipes, and methods of preparing and cooking food, cannot be overstated. This project will preserve for future generations a distinctive record of food culture in Ireland at a particular moment in time, a culture that is being enriched by the experience and traditions of people from elsewhere in the world who have made Ireland their home in recent times.

On behalf of the National Folklore Collection I am pleased and proud to accept and to carefully preserve the work of all those who have contributed to this valuable and innovative project.

Beir bua,

Críostóir Mac Cárthaigh

Director of the National Folklore Collection