



Comhairle Chontae na Gaillimhe
Galway County Council

Galway's Food Heritage



School's Contribution Sheet

My Name Laura Kate Twomey O'Flaherty Age 11 School Belmont N.S.

Who gave me this
story/recipe My Mammy

Who are they (eg. Granny, Aunt, Uncle, Neighbour,
etc: My Mammy Karen

Where are they from? Co. Galway

Parent/Guardian Signature: [Signature]

Date: 23/11/17

My Food Related Story/Recipe (please use additional pages)

I Really love pancakes. There the best food I've tasted! Making pancakes is Really easy. All you need is :

Ingredients: Flour

2 eggs

Milk or water

A Bowl and a whisk.

get your Bowl and put your flour in, Mix in a little bit of salt, put a well in the Middle and add your Mixed eggs and Milk in the Bowl. Keep stirring until smooth.

Heat your pan slowly and put oil in it. Put your pancake Mix in the pan and wait till you see Bubbles and flip your pancake, when it's a golden brown and Serve.

you can put Sugar, Chocolate, bananas, or anything on your pancake.

Draw/ Attach Picture

