



Comhairle Chontae na Gaillimhe
Galway County Council

Galway's Food Heritage



School's Contribution Sheet

My Name Sinead Age 7 School BELMONT

Who gave me this story/recipe GRANNY

Who are they (eg. Granny, Aunt, Uncle, Neighbour, etc): Grandparent

Where are they from? MILLTOWN, Co. GALWAY

Parent/Guardian Signature: Sarah [Signature]

Date: 23. 11. 2017

My Food Related Story/Recipe (please use additional pages)

Boiled Fruit Cake

1 lb raisins or mix fruit

$\frac{1}{2}$ lb butter or margarine

7 oz Sugar (cup)

1 gall water ($\frac{1}{2}$ pint)

10 oz flour

1 tsp ground cloves

1 tsp Spice

$\frac{1}{2}$ tsp salt

$\frac{1}{2}$ tsp B Soda

2 eggs

Method

1 Boil fruit, butter, sugar and water for 10 minutes

2 Stir well while cooling

3 Stir in flour, spice, cloves, B. soda

salt and beaten eggs

4 turn into a greased tin

bake in a moderate oven for $1\frac{1}{2}$ hrs

Draw/ Attach Picture

