

Chicken Broth

My Dad told me his Granny Mary used to make chicken broth. They used to have coast chicken and make the broth. To make it you will need:

The carcass of a coast chicken,
Some potatoes, carrots and onions,
(And a huge saucepan)

Nanny Mary would steep the carcass in a big pot on the range over night. She would then strain the stock to remove the bones. Then she added the vegetables and simmered until thick.

Aoibheann Ryan Carronbawn Milltown age 8