

# TUAM WALKING GROUP

## WHEN

**Wednesday, November 23rd**

## MEETING POINT

**Milltown car park (opposite the church) at 10:15am**

## THIS WEEK'S WALK

**Clare River Walk and  
Milltown Slí na Sláinte**

**FOR MORE INFORMATION CONTACT  
KATIE CODYRE: 087-1642463**



**OPEN TO ALL  
AGES & ABILITIES**

**GET FIT**

**MEET NEW  
PEOPLE**

**BRING A FRIEND**

**ALL WELCOME!**

**REMEMBER:  
THERE'S NO SUCH  
THING AS BAD  
WEATHER, JUST  
BAD CLOTHING**